

Class Schedule

Monday

10:30 – 11:30am
Adult Beginner &
Intermediate

11:30 -12:30pm
Adult Intermediate,
Advanced & Black Belt

4:20 – 5:00pm
Little Tiger Intermediate
& Advanced

5:15 - 5:45pm
Little Tiger Beginner &
Intermediate

5:55 - 6:35pm
Little Tiger Int/Adv

6:40 - 7:20pm
Junior Beginner &
Intermediate

7:30 - 8:15pm
Junior & Teen
Intermediate & Advanced

8:15 – 9:15pm
Teen & Adult Mixed

Tuesday

10:30 - 11:30am
Seniors only Class
(No belt system)

4:20 - 5:00pm
Junior Beginner &
Intermediate

5:10 - 5:50pm Junior &
Teen Intermediate &
Advanced

7:00 - 8:00pm
Adult Mixed

Wednesday

10:30 – 11:30am
Adult Beginner &
Intermediate

11:30 - 12:30pm
Adult Intermediate,
Advanced & Black Belt

4:20 – 5:00pm
Little Tiger Intermediate &
Advanced

5:15 - 5:45pm
Little Tiger Beginner &
Intermediate

5:55 - 6:35pm
Little Tiger Int/Adv

6:40 - 7:20pm
Junior Beginner &
Intermediate

7:30 - 8:15pm
Junior & Teen
Intermediate & Advanced

8:15 - 9:15pm
Teen & Adult Mixed

Thursday

10:30 - 11:30am
Seniors only Class
(No belt system)

4:20 - 5:00pm
Junior Beginner &
Intermediate

5:10 – 5:50pm
Junior & Teen
Intermediate &
Advanced

6:10 – 6:50pm Junior
Intermediate &
Advanced

7:00 - 8:00pm
Adult Mixed

Friday

4:20 – 4:55pm
Little Tiger Make-Up

5:00 – 5:40pm
Junior Make-Up

5:45 – 6:25pm
Teen & Adult Make-Up

6:30 - 7:30pm
Black Belt Preparation